

## What do you know about the full English breakfast



The full English breakfast can be considered as a British tradition that holds its source from the early 1300s. Up to now the traditional English breakfast is highly popular and you can find such a breakfast wherever British people have settled, as they take their tradition with them wherever they go. The British breakfast started from the gentry and it developed with the Victorians, who standardised the food and refined the tradition to create a truly national dish.

Millions of English breakfast fans still enjoy this Anglo Saxon dish from all around the world. But what is the English breakfast made of? It has been said that the English breakfast is a symbol of the cultural domination of Britain consisting of pork sausage, toast, baked beans, mushrooms, blood sausage, eggs, without forgetting our much loved bacon! Indeed, the traditional English

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Brits know i0000.0iake bacon right as they slice the meat in a proper way so that the slices

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A love of pubs and talking about the weather are also top the list of typically English things. Nearly 75% of people think that enjoying a beer in a pub is typically English. It was also revealed that Brits